

UPCOMING VETERANS EVENTS 03-01-24

**** All Vet Center Groups require that the Veteran be enrolled with the Vet Center prior to attending. To check eligibility or for questions, please contact the Vet Center at (401) 739-0167 or reach out to our Veteran Outreach Program Specialist (VOPS) via email at Justyn.Charon@va.gov ****

Post-Traumatic Stress Disorder Group (PTSD) – 2nd and 4th Tuesday of the month from 2:00 – 3:30 p.m. (Group is only active September through May)

Global War on Terrorism (GWOT) and Vietnam Veterans PTSD Group – 2nd and 4th Wednesday of the month from 9:30 – 11:00 a.m.

Vietnam Veteran PTSD Group – 1st and 3rd Monday of the month from 10:30 – 12:00 p.m. and 5:30 p.m. – 7:00 p.m.

Art Expression Group – Every Thursday from 9:00 – 12:00 p.m.

Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF)/Operation New Dawn (OND) Group – Every Wednesday from 11:00 – 12:00 p.m.

Stress Management- Every Thursday from 9:00 – 10:00 a.m.

Low Impact Walking Group – Every Tuesday from 9:00 – 10:00 a.m.

Guitar 4 Veterans – Every Wednesday from 7:00-8:30 p.m.

Monday Mindfulness Group – Every Monday from 10:00 - 11:00 a.m.

Yoga Group – Every Friday from 12:00 - 1:00 p.m.

Moral Injury Group – Every Friday from 10:00 - 11:00 a.m.

Modern Warrior Support Group – 1st and 3rd Monday of the month from 2:30 - 4:00 p.m.

2024 Project New Hope Inc. Veterans'

Retreats: www.projectnewhopema.org/home/retreats/

FRIDAY, March 1st, Veteran's Eat FREE, 1st Friday of every month at Badger's Pub
530 Broadway Pawtucket Complimentary meal includes any one item off regular menu.

Sunday, March 3rd, 109th Birthday, US Navy Reserve (1915)

Tuesday, March 5th, Rhode Island Seabees Day

WEDNESDAY, MAR 6, [Can We Talk \(Community Conversations on Trauma & Healing\)](#)
Location: Bethel AME 30 Rochambeau Ave Providence RI , 5:00pm 6:30pm

Friday, March 9th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

SATURDAY, MAR 16, [Newport ST. Patrick's Day Parade](#), 11:00am 1:00pm

Monday, March 18th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Tuesday, March 19th, Iraqi War Begins (2003)

WEDNESDAY, MAR 20, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI, 5:00pm 6:30pm

Sunday, March 24th, Palm Sunday

Monday, March 25th, National Medal of Honor Day

Thursday, March 28, 11AM, Vietnam Veterans Day **Location:** House Chambers, RI State House

Friday, March 29th, National Vietnam War Veterans Day

Sunday, March 31th, Easter Sunday

Thursday, April 4th, US Officially Enters World War I (1917)

Friday, April 5th, Gold Star Spouses' Day

Saturday, April 6th, Council of Administration meeting, VFW Post 406, Newport Elks Lodge, 141 Pelham St, Newport, RI

Friday, April 8th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Saturday, April 9th, National Former Prisoner of War Recognition Day (not to be confused with National POW/MIA Recognition Day on the third Friday in September)

Friday, April 12th, RI Patriot Guard Riders Day

Saturday, April 13th, Combat Veterans' Day

Friday, April 14th, 75th Birthday, US Air Force Reserve (1948)

Friday, April 12th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Saturday, April 13th, 10AM, District #1 meeting, VFW Post 10011, 354 Fruit Hill Ave, North Providence, RI

Monday, April 15th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Monday, April 17th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

Saturday, April 21st, Veterans of Foreign Wars, District #1 meeting, VFW Post 306, 171 Fountain St, Pawtucket, RI

Sunday, April 23rd, 115th Birthday, US Army Reserve (1908)

WEDNESDAY, APRIL 24 [Can We Talk \(Community Conversations on Trauma & Healing\)](#) Location: Open Table of Christ Church 1520 Broad Street Providence RI 5:00pm 6:30pm

Wednesday, May 1st, VFW Loyalty Day

Saturday, May 4th, Rhode Island Independence Day

WEDNESDAY, MAY 8, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) Location: Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

Friday, May 10th 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Sunday, May 12th, Mother's Day

SATURDAY, MAY 18 & 19 [Newport Oyster Festival](#) All day

Sunday, May 19th, Rhode Island Blue Star Parents Day

Monday, May 20th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

WEDNESDAY, MAY 22 [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI 5:00pm 6:30pm

Monday, June 6th, Military Nurses' Day

Saturday, June 8 & 9th, Gaspee Days

WEDNESDAY, JUN 12, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

Friday, June 14th, 1:00PM, Pawtucket Veterans Council meeting, Major Walter G Gatchell, VFW Post 306, 171 Fountain Street, Pawtucket, RI

Friday, June 14th & Saturday, June 15th, VFWRI State Convention, Location: TBD

Monday, June 17th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

FRIDAY, JUN 21 Thru 23 [Newport Pride Weekend](#) All day

WEDNESDAY, JUN 26 [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI 5:00pm 6:30pm

THURSDAY, JULY 4 Thru 21 [Newport Classical Music Festival](#) **Location:** Newport, RI All day

THURSDAY, JULY 4, [Bristol Fourth of July Parade](#) **Location:** At the corner of Chestnut Street and Hope Street, Bristol RI 10:30am 11:30am

WEDNESDAY, JULY 10, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

Monday, July 15th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

WEDNESDAY, JULY 24, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Open Table of Christ Church 1520 Broad Street Providence RI 5:00pm 6:30pm

FRIDAY, JULY 26 Thru 28, [Newport Folk Festival](#)
Location: Fort Adams State Park Newport RI 02840 All day

Saturday, July 27th, 11AM @ Korean War Veterans Memorial Ceremony

Wednesday, July 31st, Disabled American Veterans Day

FRIDAY, AUGUST 2 Thru 4, [Newport Jazz Festival](#) All day

WEDNESDAY, AUGUST 7, [Can We Talk \(Community Conversations on Trauma & Healing\)](#) **Location:** Bethel AME 30 Rochambeau Ave Providence RI 5:00pm 6:30pm

Monday, August 19th, Veterans of Foreign Wars, Post 306 monthly meeting, 7PM, 171 Fountain St, Pawtucket, RI

If any event is in [BLUE](#), click on the event for a flyer.

Would you like to see your veteran event here, please contact John P Gallo, President, Pawtucket Veterans Council. 401-573-7057 or johnlqq@cox.net